

Items for Food Hampers

- All items are greatly appreciated
- Some suggestions are listed below

Cookies	Tea
Breakfast bars	Coffee
Granola bars	Cereal-cold or warm
Kraft Dinner-boxes or individual packages	Crackers/Goldfish
Jam	Pasta
Soup-any kind	Pasta sauce
Oil	Evaporated milk/ coconut milk
Peanut butter	Rice
Ketchup/or mustard/or mayonnaise	Juice / juice boxes
Flour	Beans-canned or dried
Canned vegetables	Butter
Sugar	Canned fruit
Cheese whiz	Canned meat (tuna, chicken, ham)
Canned Meals- (spaghetti, stew)	Cleaning supplies- cleaners/wipes/sanitizer
Paper products- toilet paper/tissues/paper towels, maxi pads	Hygiene items-deodorant, toothpaste, shampoo/conditioner/ soap, lip balm, razors/shaving cream, moisturizer,

*** gift cards and/or cash donations are also greatly appreciated and accepted for our needy families. You may drop off your donations to room 207.

THANK YOU for supporting our HHM community outreach programs.